WHAT IS CLAIMED IS:

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1. The use for the preparation of medicines having activity of the antihypertensive type, useful for treating or preventing hypertension, of one or more peptides having inhibiting activity on ACE with IC50 values of the order of or less than 60 μ M, selected from the group of peptides having the following amino acid sequences:

Thr-Val-Tyr (SEQ ID No.: 1)

Asn-Met-Ala-Ile-Asn-Pro-Ser-Lys (SEQ ID No.: 2)

Phe-Ala-Leu-Pro-Gln-Tyr (SEQ ID No.: 3)

Phe-Pro-Gln-Tyr-Leu-Gln-Tyr (SEQ ID No.: 4)

Phe-Ala-Leu-Pro-Gln-Tyr-Leu-Lys (SEQ ID No.: 5)

Asn-Met-Ala-Ile-Asn-Pro (SEQ ID No.: 6)

Phe-Ala-Leu-Pro (SEQ ID No.: 7).

2. A pharmaceutical composition containing as its active principle an effective quantity of one of more peptides having inhibiting activity on ACE, with IC $_{50}$ values of the order of or less than 60 μM , selected from the group of peptides having the following amino acid sequences:

Thr-Val-Tyr (SEQ ID No.: 1)
Asn-Met-Ala-Ile-Asn-Pro-Ser-Lys (SEQ ID No.: 2)
Phe-Ala-Leu-Pro-Gln-Tyr (SEQ ID No.: 3)
Phe-Pro-Gln-Tyr-Leu-Gln-Tyr (SEQ ID No.: 4)
Phe-Ala-Leu-Pro-Gln-Tyr-Leu-Lys (SEQ ID No.: 5)
Asn-Met-Ala-Ile-Asn-Pro (SEQ ID No.: 6)
Phe-Ala-Leu-Pro (SEQ ID No.: 7)

in combination with a pharmaceutically acceptable vehicle.

3. A food product, in particular one that is useful for supplementing the diet of people subject to hypertension or desiring to prevent the appearance thereof, the food product containing an effective quantity of one or more peptides having inhibiting activity on ACE, with IC_{50} values of the order of or less than 60 μ M, selected from

the group of peptides having the following amino acid sequences:

Thr-Val-Tyr (SEQ ID No.: 1)

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Asn-Met-Ala-Ile-Asn-Pro-Ser-Lys (SEQ ID No.: 2)

Phe-Ala-Leu-Pro-Gln-Tyr (SEQ ID No.: 3)

Phe-Pro-Gln-Tyr-Leu-Gln-Tyr (SEQ ID No.: 4)

Phe-Ala-Leu-Pro-Gln-Tyr-Leu-Lys (SEQ ID No.: 5)

Asn-Met-Ala-Ile-Asn-Pro (SEQ ID No.: 6)

Phe-Ala-Leu-Pro (SEQ ID No.: 7)

- in combination with food supports, in particular proteins, lipids, or carbohydrates.
- 4. A food product according to claim 3, including a fraction of trypsic hydrolysate of $\alpha_{\rm S2}$ casein containing at least one of the peptides having the following amino acid sequences:

Thr-Val-Tyr (SEQ ID No.: 1)

Asn-Met-Ala-Ile-Asn-Pro-Ser-Lys (SEQ ID No.: 2)

Phe-Ala-Leu-Pro-Gln-Tyr (SEQ ID No.: 3)

Phe-Pro-Gln-Tyr-Leu-Gln-Tyr (SEQ ID No.: 4)

Phe-Ala-Leu-Pro-Gln-Tyr-Leu-Lys (SEQ ID No.: 5).

- 5. A food product according to claim 3, including the total trypsic hydrolysate of $\alpha_{\rm S2}$ casein, containing the five peptides having the following amino acid sequences:
- Thr-Val-Tyr (SEQ ID No.: 1)

Asn-Met-Ala-Ile-Asn-Pro-Ser-Lys (SEQ ID No.: 2)

Phe-Ala-Leu-Pro-Gln-Tyr (SEQ ID No.: 3)

Phe-Pro-Gln-Tyr-Leu-Gln-Tyr (SEQ ID No.: 4)

- Phe-Ala-Leu-Pro-Gln-Tyr-Leu-Lys (SEQ ID No.: 5).
 - 6. A food product according to claim 3, including at least one of the peptides having the following amino acid sequences:
- 35 Ala-Leu-Asn-Glu-Ile-Asn-Gln-Phe-Tyr-Gln-Lys (SEQ ID No.: 8)

Ala-Leu-Asn-Glu-Ile-Asn-Gln-Phe-Tyr (SEQ ID No.: 9)

Tyr-Leu (SEQ ID No.: 10).